



Session 17: Recap

Spend some time reviewing each of the 6 sections using the handout from the beginning of the series.

Check the 'tank' for each: Physical, Emotional, Spiritual, Vocational, Financial, Relational.

- What changes have you made since January?
- How have things improved in each of the areas?
- What would you still like to work on?

Think about each of the 6 areas.

- What has stood out for you?
- What questions do you still have?
- What do you think God is saying to you personally?
- How might you respond?

You may want to look at Day 50 (p189-191) together and think especially about intentional and achievable next steps, and accountability.

Finally, spend some time praying with and for each other.