



Session 14: Relation wellbeing

Forgiveness & Reconciliation

This will be a more sensitive session, where we will have a chance to reflect on some of the difficult aspect of our relationships

- Look at the chapters for days' 34 & 35
- The 'Reflect and Respond' sections on pages 138 & 141 could be worked through gently as a group.
- Take plenty of time to share, maybe in twos or threes, and to pray for each other.

Read Matthew 18.21-35 and 2 Corinthians 5.14-6.2

- What stands out for you?
- What questions do you have?
- What do you think God is saying to you personally?
- How might you respond?

Try working through these questions together.

- How do you deal with the gap between forgiveness and reconciliation?
- How do you know when forgiveness must be enough for now?
- How do you know when it's time to try reconciliation?