



Week Eleven: Spiritual Renewal - Prayer

- How do you best connect with God? How is your prayer life? Do you find prayer easy or difficult?
 - Have you ever been disappointed in prayer? What helped? If this is an ongoing struggle for some people, take some time to talk this through, and to pray together.
 - Try using the SOAP acronym from the book in your group time together.
 - Or do a session of Lectio Divina to try listening to God together.
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- Take plenty of time to share, maybe in twos or threes, and to pray for each other.
 - You might like to use some of the ideas on p108 as a group.