



Week Two: Wellbeing through the Bible

- Read Cornelius Plantinga's definition of 'shalom'.

'The webbing together of God, humans, and all creation in justice, fulfillment, and delight is what the Hebrew prophets call shalom... In the Bible, shalom means universal flourishing, wholeness and delight – a rich state of affairs in which natural needs are satisfied and natural gifts fruitfully employed, a state of affairs that inspires joyful wonder as its Creator and Saviour opens doors and welcomes the creatures in whom he delights. Shalom, in other words, is the way things ought to be.'

- Now look at the tanks from the handout and prayerful assess how 'shalom' (whole, fulfilled, complete...) each area might be at the moment:
 - For yourself;
 - For your community;
 - For your church.
- Are there any particular situations or areas where you know you are experiencing significant 'dis-ease' or, as Rosemary Rutherford Reuther says, 'a stifling of life'?
- Take plenty of time to share, maybe in twos or threes, and to pray for each other.