

CHOOSE LIFE!



*This day I call the heavens and the earth as witnesses against you that I have set before you life and death, blessings and curses. Now **choose life**, so that you and your children may live ²⁰ and that you may love the Lord your God, **listen to his voice**, and **hold fast to him**.*

UP: Introduction

- What are some of the bigger decisions you have faced in your life?
- Are there any significant life choices facing you this year?

IN: Explore

READ: Deuteronomy 30:1-20, and focus on v19-20.

- If someone asked you to describe what being a Christian means to you, what would you say?
- What does a person who consistently “Chooses life” look like? (character, lifestyle, attitude, and actions)
- What do you think it would mean for you personally to “Choose Life” this week?
- What are some of the challenges and helps for you to do this?

Verses 19 & 20 state simply that the consequence to choosing life is so that you and your family may live: by loving God. And it gives 2 keys to how we do this: (1) listen to his voice; (2) hold fast to him

- What does it mean for you to ‘listen to God’s voice?’ What practical steps can you take to keep doing this?
- What does it mean for you to “hold fast to him?”. What things help and hinder you

An important part of “holding fast to him” is to fill our minds with truth using our imagination.

- What is your experience of using your imagination when you think about God’s purposes for you?
- How might you increase the way you use your imagination in your own Christian devotion?

OUT: Impact

Discuss how you can support each other to “Choose Life” over the coming weeks.