

# Some things need to change

## Session 4



**‘They read from the Book of the Law for three hours, and spent another three in confession and in worship of the Lord their God.’**

**Nehemiah 9**

### UP: Introduction

- What Bible verses or passages have particularly moved you to a different direction in the past?
- In which of these cases has repentance played a central role?

### IN: Explore

READ: **Nehemiah 9**

*Context:*

After a week of rejoicing and celebration in Jerusalem, God’s people begin a time of repentance – they confess their sins and declare God’s faithfulness. And then pledge to return to the way of life God intended for them.

*What does the passage say about the long-term narrative of God’s people? What does this mean for us today?*

*How much can we confess the sins of those who came before us, as in v2? How does individual and collective waywardness differ?*

*Read v5-37 – a roller-coaster recap of the Israelite’s history, in which they both confess to their repeated rebellion, and also assert how God is constant and faithful and a promise-keeper.*

*Share any reflections you have on this passage, and on verse 38.*

### OUT: Impact

God’s Word can challenge our hearts. Take some time to reflect on:

- things we want to let go of
- things we want to pick up
- things about the way ahead of us now that we can rejoice about & thank God for