

Love does not envy, it is not proud



Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of others.

Philippians 2.3-4

UP: Introduction

Do you compare yourself to others?

Are envy and pride emotions you struggle to manage?

IN: Explore

READ MARK 7.14-23

- What is surprising about Jesus' parable?
- We often focus on 'drunkenness' and 'sexual immorality' but what about 'envy' and 'arrogance'?
- What do you find particularly challenging about this?
- What Bible passages give us examples of the 'Spirit life'? Compare and contrast them with Jesus' words in Mark

OUT: Impact

READ PHILIPPIANS 2.1-8

- What is it about being 'united with Christ' that leads to love?
- From verses 6-8, find 3 words that describe 'the mindset [of] Christ Jesus'
- In what ways should we therefore love one another?