

Love is kind, love is patient



...if I have a faith that can move mountains,
but do not have love, I am nothing.

1 Corinthians 13:2

UP: Introduction

Can you think of any times in your life when someone has demonstrated patience and/or kindness towards you?

Which do you find personally more challenging - being kind or being patient? Why?

IN: Explore

READ 1 CORINTHIANS 13:1-4

- How do you feel about Paul's declaration that without love we are 'nothing'?
- What does this passage tell us about who God is?
- What challenges are presented by this week's focus: 'Love is patient, love is kind' (v4)?
- Why do you think kindness and patience are characteristics of love?
- Can you think of other parts of the Bible that demonstrate love through kindness and patience?

OUT: Impact

- What are the areas of our lives where we can demonstrate kindness and patience to those around us?
- What are the challenges we face in doing this and how can we overcome them?