



Psalm 61 'Davidic nuggets' Like chicken ones but vastly more nutritious.

Before listening to the 'Psalmonette' I suggest you take some time to let God speak to you first from the psalm and have a pen and paper to jot down thoughts that come to you and impact you.

After listening you might like to use these questions and suggestions to help you explore the psalm further.

Which of these 'pictures' do you relate to or find most helpful. Share how the challenges of this current time might have changed your previous view of God.

Take some time to bless and appreciate God for the aspects of His nature that most resonate with you.....don't feel limited to just the ones in this scripture.

This psalm is full of prayer prompts and ways to direct our intercessions. Be real about our personal situations but also branch into much wider prayer concerns.

E.g. many of our friends in Kenya have seen their modest incomes immediately lost and also have a very limited access to any health care.

IN

Introduction

UP

Explore

OUT

Impact