

LIFE GROUP

Notes

Session 7



READING: 1 Corinthians 11:17-34

IN

Introduction

Either: Discuss: What are your favourite foods and restaurants?

And/Or: Share some of your favourite puddings or snacks/treats together!

UP

Explore

What three or four words most describe your view of Holy Communion and why?

Read through the Church of England liturgical prayer – which section most speaks to you when you look at it this? Why?

READ 1 Corinthians 11:17-34

What does this passage tell you about the nature of God and the nature of mankind?

Discuss the following:

- What would the church be like if everyone in it continually loved each other sacrificially? (N.B. think either the whole church or our local church in Hazlemere or both)
 - What would the world look like if everyone in the church loved the world sacrificially?
 - How do you feel about the two questions above when you think of yourself?
 - How has your discussion affected the way you think about taking communion, if at all?
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OUT

Impact

Either: Plan a shared meal together.

And/Or: Each person identify one act of love that you will choose to undertake this week – and pray for each other as you commit to this.

The Lord is here.

All His Spirit is with us.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

It is right to praise you, Father, Lord of all creation;
in your love you made us for yourself.

When we turned away
you did not reject us,
but came to meet us in your Son.

**All You embraced us as your children
and welcomed us to sit and eat with you.**

In Christ you shared our life
that we might live in him and he in us.

**All He opened his arms of love upon the cross
and made for all the perfect sacrifice for sin.**

On the night he was betrayed,
at supper with his friends
he took bread, and gave you thanks;
he broke it and gave it to them, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

**All Father, we do this in remembrance of him:
his body is the bread of life.**

At the end of supper, taking the cup of wine,
he gave you thanks, and said:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you for the forgiveness of sins;
do this in remembrance of me.

**All Father, we do this in remembrance of him:
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,
send your Holy Spirit that this bread and this wine
may be to us the body and blood of your dear Son.

**All As we eat and drink these holy gifts
make us one in Christ, our risen Lord.**
With your whole Church throughout the world
we offer you this sacrifice of praise
and lift our voice to join the eternal song of heaven:

**All Holy, holy, holy Lord,
God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.**