



I AM THE BREAD OF LIFE

IN - helping a sense of belonging...

What fad's or gadgets have you been into?

What was the appeal? What was the long term result?

UP - hearing from God and growing...

Read: John 6: 25-69

This is a very 'dense' passage. Have a read through the passage (you might want to split it into smaller sections and look at it in pairs) - list the different issues of faith that Jesus is addressing.

What is the most attractive thing Jesus said?

What are the things that we most struggle with in this teaching?

In the midst of these conversations Jesus talks about himself being the 'Bread of Life' and uses the analogy of 'mana' in the wilderness.

Why do you think Jesus used this picture and analogy to talk about himself?

How does this impact your own spiritual journey / and growth in faith?

Allow time to pray for one another, especially in the areas of being sustained by God

OUT - impacting others...

In verse 66 it mentions many disciples deserting Jesus, because his teaching was too difficult.

Pray for those that may be struggling with faith and / or have wandered.

**LIFEgroup
Notes**

BIBLE READING:

John 6:41-51

Then the people began to murmur in disagreement because he had said, "I am the bread that came down from heaven." They said, "Isn't this Jesus, the son of Joseph? We know his father and mother. How can he say, 'I came down from heaven'?"

But Jesus replied, "Stop complaining about what I said. For no one can come to me unless the Father who sent me draws them to me, and at the last day I will raise them up. As it is written in the Scriptures, 'They will all be taught by God.' Everyone who listens to the Father and learns from him comes to me. (Not that anyone has ever seen the Father; only I, who was sent from God, have seen him.)

"I tell you the truth, anyone who believes has eternal life. Yes, **I am the bread of life!** Your ancestors ate manna in the wilderness, but they all died. Anyone who eats the bread from heaven, however, will never die. I am the living bread that came down from heaven. Anyone who eats this bread will live forever; and this bread, which I will offer so the world may live, is my flesh."