



### **IN - helping a sense of belonging...**

Who were your 'best friends' when you were growing up? What characteristics marked your friendship?

What does the word *fellowship* mean to you (and is this different to *friendship*)?

### **UP - hearing from God and growing...**

Look at the passage together: Mark 14:32-42

- What encourages you?
- What challenges you?
- What stirs faith in you?
- What questions does it raise for you?
  
- Jesus is often described of being fully man, and fully God. What does it mean to you to say that Jesus was fully man?
- Look at v33 & 34. What does this say about Jesus' humanity? How did Jesus deal with being 'deeply distressed', 'troubled' and 'overwhelmed' and what does this mean for us? (*You might want to look at the parallel versions of Matt 26:38 and Luke 22:44 as well*)
- How did Jesus deal with being disappointed with his friends? What does that mean for our relationships?

### **OUT - impacting others...**

What does fellowship mean when someone else is suffering?

What challenge will you take away and act on as a result of this passage?

**LIFEgroup  
Notes**

### **BIBLE READING: Mark 14:32-42**

They went to a place called Gethsemane, and Jesus said to his disciples, "Sit here while I pray." 33 He took Peter, James and John along with him, and he began to be deeply distressed and troubled. 34 "My soul is overwhelmed with sorrow to the point of death," he said to them. "Stay here and keep watch."

35 Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him. 36 "Abba, Father," he said, "everything is possible for you. Take this cup from me. Yet not what I will, but what you will."

37 Then he returned to his disciples and found them sleeping. "Simon," he said to Peter, "are you asleep? Couldn't you keep watch for one hour? 38 Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."

39 Once more he went away and prayed the same thing. 40 When he came back, he again found them sleeping, because their eyes were heavy. They did not know what to say to him.

41 Returning the third time, he said to them, "Are you still sleeping and resting? Enough! The hour has come. Look, the Son of Man is delivered into the hands of sinners. 42 Rise! Let us go! Here comes my betrayer!"