# Faith in Church! Praise brings Breakthrough

# SPRING TEACHING: FAITH & HEROES

### IN - helping a sense of belonging...

Have you ever taken a selfie? If so where, when & why? What does this social phenomena say about the values of our culture?

## UP - hearing from God and growing...

Praise is shift of focus, from ourselves to God - it involves heart, mind & strength - what has been your own experience of this? What fruits of praise have you experienced?

### **READ all Psalm 145**

Either in small groups, or own your own look at these questions:

- 1. What statements talk about God's character?
- 2. What statements talk about God's activity
- 3. What statements talk about our response to him?

Turn this into praise - perhaps listen to piece of music, then write down words of thanks for who God is, and what he has done in your own lives.

Was there a particular phrase from the Psalm that stood out for you? Share with one another.

# OUT - impacting others...

Take some time to pray for one another based on the response to the reading of the Psalm.

LIFEgroup Notes

Pray for others you may know that need a breakthrough (spiritual, emotional, metal or physical).

### **BIBLE READING:**

Psalm 145: 1-13
A psalm of praise. Of David.
I will exalt you, my God the King;

I will praise your name for ever and ever.

Every day I will praise you and extol your name for ever and ever.

Great is the Lord and most worthy of praise; his greatness no one can fathom. One generation commends your works to another; they tell of your mighty acts.

They speak of the glorious splendour of your majesty— and I will meditate on your wonderful works.

They tell of the power of your awesome works— and I will proclaim your great deeds.

They celebrate your abundant goodness and joyfully sing of your righteousness. The Lord is gracious and compassionate, slow to anger and rich in love.

The Lord is good to all; he has compassion on all he has made. All your works praise you, Lord; your faithful people extol you.

They tell of the glory of your kingdom and speak of your might, so that all people may know of your mighty acts and the glorious splendour of your kingdom.

Your kingdom is an everlasting kingdom, and your dominion endures through all generations.

The Lord is trustworthy in all he promises and faithful in all he does....