

# Ten Commandments

## You must not give false testimony



### IN:

- Was there anything in the video (or on Sunday) that particularly struck you? What was helpful? What was challenging?
- What is your experience of the phrase – ‘Stick and stones may break my bones, but words can never hurt me’
- Can you think of examples of ‘selective truths’ which you have seen or experienced
- What effect can lying and deceit have on us, and those around us?

### UP:

- What does the Bible say about truth in relation to God, Jesus and the people of God?
- How is Satan characterized in the Bible in regard to the truth
- How do we seek to discern the truth in our lives?
- What does the Bible say about the truths of who we are in Christ?
- What tempts us to lie?
- How can we promote truth in our own lives and the lives of others?
- What does it mean to ‘speak the truth in love’ (Ephesians 4.15)?

### OUT:

- Pray through some of the issues or situations raised where we feel we may be tempted to lie
- Where do we see challenges to truth in our daily lives – encourage people to be open and vulnerable, honest and real and then offer to pray for one another
- Try to identify at least one tangible step you could take to increasingly promote truth in your life eg. consider entering into a greater level of accountability with someone.

### BIBLE READINGS:

#### **Exodus 20:16**

16 “You shall not give false testimony against your neighbour.

#### **Psalms 86:11**

11 Teach me your way, Lord, that I may rely on your faithfulness; give me an undivided heart, that I may fear your name.

#### **Psalms 119:160**

160 All your words are true; all your righteous laws are eternal.

#### **John 14:6**

6 Jesus answered, “I am the way and the truth and the life. No one comes to the Father except through me.

#### **John 8:44**

44 You belong to your father, the devil, and you want to carry out your father’s desires. He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies.

#### **James 3:10**

10 Out of the same mouth come praise and cursing. My brothers and sisters, this should not be.

#### **Matthew 18:18**

18 “Truly I tell you, whatever you bind on earth will be[a] bound in heaven, and whatever you loose on earth will be[b] loosed in heaven.

#### **Philippians 4:8**

8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

#### **Matthew 5:37**

37 All you need to say is simply ‘Yes’ or ‘No’; anything beyond this comes from the evil one.

#### **Ephesians 4:15**

15 Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.